

T H E F A C T S

FORMULATED BY SAMUEL GERARD

COMPLETE INGREDIENT LIST IN 1 SERV. (SCOOP) = 1 MEAL (40g)

NUTRITION FACTS

You are holding a 2-week supply of the ONLY product on Earth that is 60% Raw, 95% Organic, 30% Sprouted & Freeze-Dried, Gluten-Free, GMO-free, Hypo-Allergenic, & 100% VEGAN. It is packed with PLANT SUPERFOODS containing the ultimate anti-oxidants & immune builders in optimum quantities that actually make a difference in your life. Packaged in air-tight metal cans with oxygen absorbers for optimum freshness & the environment (vs porous plastic jars or cardboard canisters used by most companies).

No gimmicks, just the ULTIMATE ingredients in ideal quantities, which are essential not only for great, but OPTIMUM health. This eliminates the need to add anything to THE ULTIMATE MEAL except organic whole fruits & purified water.

DOSAGE: At least 2 servings/scoops every day. Unlike imitations or "liquid meals", The Ultimate Meal is filling & satisfying. Besides breakfast, also perfect for LUNCH &/or DINNER. Have it at least 2 hours before, or at least 15+ min. after exercising.

BOTTOM LINE: THE ULTIMATE MEAL is the most nutritious & efficient "MEAL" available anywhere at any price. Period.

D I R E C T I O N S

- AT LEAST 2 SCOOPS EVERY DAY (2/3 CUP = 10 TBSP = 80G)
- BEFORE OPENING SEAL: Roll can around to unsettle contents.
- 8 - 10 oz. Purified WATER &/or Organic Unsweetened Almond Milk, in a blender.
- 1 LARGE Organic BANANA (or 1.5 medium or 2 small - not green & not over-ripe).
- 1/2 Organic Sweet APPLE (Fuji & Gala are the best options).
- 1/2 cup Organic Frozen BLUEBERRIES.
- When taken ONCE daily: Use TWO (2) Servings/Scoops of THE ULTIMATE MEAL.
- When taken TWICE daily: Use ONE (1) Serving/Scoop in *each* smoothie.



- Be sure to "CHEW" each mouthful and drink SLOWLY within 15 minutes.
- Don't add ANYTHING else...If it was worthy, we would've done it already.
- YOU CAN ALSO ADD IT TO WARM (NOT HOT) SOUP...MISO BEING THE BEST.

THE ULTIMATE MEAL®

THE NAME SAYS IT ALL



**NATURAL
COMPLETE
TASTES GREAT
VEGAN & KOSHER
OPTIMUM FIBER
SATISFIES HUNGER
POTENT ANTI-OXIDANTS
POTENT FATTY ACIDS**



**NO GMO
NO GLUTEN
NO STIMULANTS
NO SOY OR NUTS
NO YEAST OR SALT
NO DAIRY OR EGG
NO ADDED SUGAR / FRUCTOSE
NO WHEY OR CHOLESTEROL**



30 MEALS



14 DAYS



24TH EVOLUTION

- ORGANIC RICE PROTEIN CONCENTRATE (USA)
- ORGANIC RAW GOLDEN FLAX SEED (CANADA & USA)
- ORGANIC SPROUTED QUINOA (BOLIVIA & USA) *
- ORGANIC SPROUTED PEA (USA) *
- ORGANIC SPROUTED AMARANTH (PERU & USA) *
- ORGANIC SPROUTED LENTIL (USA) *
- ORGANIC SPROUTED MILLET (USA) *
- ORGANIC SPROUTED BROCCOLI (USA) * 2000 MG
- ORGANIC SPIRULINA (INDIA) 2000 MG
- ORGANIC UNSTEAMED TURMERIC (INDONESIA) 500 MG
- ORGANIC UNSTEAMED CINNAMON (INDONESIA) 500 MG
- ORGANIC UNSTEAMED GINGER (PERU) 500 MG
- ORGANIC UNSTEAMED ANISE (TURKEY) 300 MG
- DICALCIUM MALATE 29% (USA) 260 MG
- VITAMIN C (BUFFERED WITH CALCIUM) (SCOTLAND) 200 MG
- DIMAGNESIUM MALATE 20% (USA) 130 MG
- ORGANIC STEVIA EXTRACT (PERU) 20 MG

* INGREDIENTS 3-8 ARE PROPERLY SPROUTED, COLD-PASTEURIZED, FRESH FREEZE-DRIED & COLD-MILLED...EXCLUSIVELY FOR THE ULTIMATE LIFE.

NO GIMMICKS...JUST THE ULTIMATE INGREDIENTS

Contains NO MSG, soy, salt, sugar, honey, fructose, wheat, corn, eggs, whey, casein, malto-dextrin, guarana, ginseng, preservatives, flavors, colors, fillers, or *anything* from China.

Servings Per Container 30
Serving Size (1 Scoop) 1/3 cup (40g)

AMOUNT PER SERVING	W/FRUIT	
Calories	160	340
	% Daily Value*	
Total Fat	3.5g	4% 5%
Saturated Fat	.5g	3% 3%
Trans Fat	0g	
Cholesterol	0mg	0% 0%
Sodium	25mg	1% 1%
Total Carbohydrate	17g	6% 25%
Dietary Fiber	7g	25% 33%
Sugars	1g	
	Includes 0g Added Sugars	0%
Protein	15g	
Omega Fatty Acids	2g	
Vitamin D	0mcg	0% 0%
Calcium	302mg	25% 28%
Iron	3mg	15% 20%
Potassium	170mg	4% 23%
Folate	125mg	31% 40%
Vit. B12	6mcg	100% 100%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Ingredients: Organic Rice Protein, Organic Flax Meal, Organic Sprouted Quinoa, Organic Sprouted Pea, Organic Sprouted Amaranth, Organic Sprouted Lentil, Organic Sprouted Millet, Organic Sprouted Broccoli, Organic Spirulina, Vitamin D2, Organic Turmeric, Organic Cinnamon, Organic Ginger, Calcium Malate, Vitamin C (Calcium Ascorbate), Magnesium Malate, Organic Stevia Ext.

THE ULTIMATE SUPERFOOD®

THE NAME SAYS IT ALL

As the name clearly describes, this is the ultimate singular food on Earth. Period.

This is the only other product we make, because it's the only other product you'll need.

Taken with every meal (except The Ultimate Meal), as well as on an empty stomach in the morning upon awakening, & at night right before bedtime.

THE ULTIMATE LIFE®
PERFECTION WITH COMPASSION

805-962-2221 • SANTA BARBARA • CALIFORNIA

WWW.THEULTIMATELIFE.NET

PLEASE READ OUR ENTIRE WEBSITE FOR ALL THE DETAILS & BENEFITS

IF YOU HAVE ANY QUESTIONS, COMMENTS, OR PROBLEMS, PLEASE CONTACT US DIRECTLY. THANK YOU...

MEASURING SCOOP PROVIDED SEPARATELY TO PREVENT WASTE

NUTRITIONAL POWDER

1200 GRAMS (1.2 KG)

SHELF LIFE: 2 MONTHS AFTER BREAKING THE SEAL (BETTER IF KEPT REFRIGERATED)